



JOHN R. KASICH
GOVERNOR • STATE OF OHIO

Communication Department

July 26, 2012

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Media Advisory

**FIRST LADY KAREN W. KASICH TO HOST FIRST LADY'S DAY AT THE OHIO
STATE FAIR**

Events Will Highlight Ohio Agriculture, Wellness and Fitness

Who: First Lady Karen Waldbillig Kasich

What: Mrs. Kasich will host several events at the fairgrounds for First Lady's Day, highlighting Ohio agriculture, wellness and fitness. Media are welcome to join Mrs. Kasich at the events listed below.

Where: Ohio Expo Center and State Fairgrounds

When: Friday, July 27, 2012

10:30 a.m. – Central Park outside the Administration Building

Mrs. Kasich will join The Ohio State University College of Nursing and the Million Hearts™ campaign for free wellness screenings in Central Park. Fairgoers can receive a complimentary health evaluation as a part of the First Lady's Day events. Mrs. Kasich will participate in the health screening, and be greeted by Dean Bern Melnyk.

11:30 a.m. – Taste of Ohio Café

The First Lady will host a Nutritious and Delicious cooking demonstration, alongside two members of the Family, Career and Community Leaders of America (FCCLA) award-winning culinary team. Both are June 2012 graduates of the Lorain County Career Center Culinary Arts program. Mrs. Kasich will also announce the winners of the FCCLA Nutritious and Delicious cooking competition at The Ohio State Fair.

1:30 p.m. – Natural Resources Park Amphitheater Stage



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Mrs. Kasich and Ohio Department of Transportation (ODOT) Director Jerry Wray roll out ODOT's Safe Routes to School program. Featuring musical performances from the All-Ohio Show Choir, this event will teach school-age children how to walk and bike safely to school and test their knowledge with a live audience quiz. One winner will take home a new bicycle.

2:00 p.m. – Agriculture and Horticulture Building Corn Wall

Mrs. Kasich will lead the finals for the First Lady's Day Kids' Corn Wall Climb. The finalists in three divisions (grades K-2, 3-4 and 5-6) will compete for prizes.

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