

STATE OF OHIO
Executive Department

OFFICE OF THE GOVERNOR

Columbus

RESOLUTION

WHEREAS, it is known that preventing disease can often be less costly than treating it after it occurs, and that early diagnosis combined with therapeutic interventions that are customized specifically to an individual patient can further reduce costs, shorten recovery time, and minimize human suffering; and

WHEREAS, it is known that many of the chronic diseases that are consuming increasingly large portions of our nation's healthcare expenses can be prevented—or more effectively managed—when responsible, motivated patients, empowered by knowledge and guided by their physicians, take personal action by making healthier lifestyle choices for themselves and their families; and

WHEREAS, it is also becoming increasingly clear that compiling and understanding the details of an individual's family health history can be a critical part of devising an informed and focused preventive plan of action to address the health issues that a person is likely to encounter over time; and

WHEREAS, with the deeper understanding that each individual's unique biology revealed by a focused and personalized approach to healthcare may one day help us all identify the targeted wellness activities that will help us live longer and healthier lives.

NOW, THEREFORE, I, John R. Kasich, Governor of the State of Ohio, do hereby recognize November 2012 as

PERSONAL HEALTHCARE MONTH

throughout Ohio and invite all of the citizens of Ohio to celebrate their own lives by teaming with their healthcare providers to achieve better health and wellness for themselves, their families, and their communities.

On this 1st day of November, 2012;



John R. Kasich
Governor

