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FIRST LADY KAREN W. KASICH VISITS UNIVERSITY OF TOLEDO, KICKS OFF NATIONAL YOUTH SPORTS PROGRAM

TOLEDO, OH – First Lady Karen Waldbillig Kasich today visited The University of Toledo to kick off the 42nd annual National Youth Sports Program (NYSP). The First Lady addressed the camp's 150 attendees and participated in health and wellness activities.

“Over the course of several weeks, camp participants exercise their minds and their bodies through daily sports instruction and educational programming,” said First Lady Karen Waldbillig Kasich. “Programs like NYSP provide a fun, positive and secure learning environment that benefits both our children and our communities.”

Each year the camp provides more than 150 economically disadvantaged youths ages 10-16 the opportunity to participate in fitness, recreational and educational programming. The 2011 National Youth Sports Program was dedicated to the First Lady in recognition of her commitment to children's health and wellness.

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