



## **Building Youth Resiliency Grant Awardees Project Summaries**

All projects will implement prevention interventions that are proven by research to reduce substance use in young people and/or associated risk factors. The addition of these 22 projects increases the total percentage of prevention interventions in Ohio that are considered to be evidence-based by about 10%.

### **Alcohol & Chemical Abuse Council of South West Ohio (Butler County)**

**Award Amount:** \$86,989

**Project Overview:** Three Hamilton City Schools will participate in this project which focuses on 5<sup>th</sup> and 6<sup>th</sup> grade classrooms. There will also be implementation of population-based strategies that will impact each entire school building and its respective communities, totaling approximately 500 youth. The Hamilton Resiliency Project will be a multi-faceted approach to build youth resilience and resistance to substance use/abuse using SAMHSA's National Registry of Evidence-based Programs and Practices, as well as NIDA's Principles of Effectiveness. The entire project utilizes an Asset Development Framework to support and empower youth.

**Partners:** Crawford Woods Elementary, Fairwood Elementary and Riverview Elementary

Expected number to be served: 500

### **Anazao Community Partners/Holmes County Prevention Coalition (Holmes County)**

**Award Amount:** \$76,699

**Project Overview:** The Youth Development program follows two key philosophies of service to build protective factors and minimize risk factors. The first is high-quality, positive youth development and behavioral health promotion practices, and the second is evidence-based prevention strategies. This initiative is an expansion of the implementation of Botvin's LifeSkills Training (LST) and the Search Institute's 40 Developmental Asset framework (DA). West Holmes students will receive high quality, evidence-based positive youth development and substance abuse prevention programs at key transition points of their development: At the end of elementary school, beginning and through middle school, and the beginning of high school.

**Partners:** Your Human Resource Center, West Holmes Local Schools

Expected number to be served: 973

### **Austintown Local School District (Mahoning County)**

**Award Amount:** \$27,584

**Project Overview:** This grant award will provide prevention programming that is a multi-faceted approach that incorporates evidence-based curriculums throughout the school year. Evidence-based programs that will be utilized for student and parent education include: Too Good for Drugs, Too Good for Violence, Project Alert and Strengthening Families. Additionally, in conjunction with Meridian Community Care, a pilot program will be established with the county court system, juvenile justice center and children services board to establish a referral process that will assist the project in targeted implementation of drug/mental health education.

**Partners:** Meridian Community Care, Mahoning County Court System, Mahoning County Juvenile Justice Enter, and Mahoning Count Children Services Board.

Expected number to be served: 1600

## **Bellaire Local School District (Belmont County)**

**Award Amount:** \$56,101

**Project Overview:** Three school districts have come together out of their shared desire to assist children and adolescents in maintaining a drug-free lifestyle and become academically successful. Students in grades 5-8 will be targeted to receive prevention services. One program that will be used is LifeSkills Training (LST) which is a school-based program that aims to prevent alcohol, tobacco, and marijuana use and violence by targeting the major social and psychological factors that promote the initiation of substance use and other risky behaviors. The other program is the Student Assistance Program (SAP) which is an evidence-based program addressing social and emotional barriers, including substance abuse, violence and bullying.

**Partners:** Bridgeport Exempted School District, Martins Ferry City School District, Tri County Help Center, North Point Consulting & Behavioral Health, Southeast, Inc., Crossroads Counseling, Belmont County Juvenile Court, Family & Children First Council, Mental Health and Recovery Board for Belmont County

Expected number to be served: 1048

## **Coshocton Behavioral Health Choices (Coshocton County)**

**Award Amount:** \$62,256

**Project Overview:** In collaboration with all three county local school districts and a host of community partners, LifeSkills Training (LST) will be provided to grades 5-9 within all districts. LST holds the distinction of being a top, nationally research-based substance abuse prevention program. In addition, there will be outreach to parents throughout the district twice monthly, offering parent tips and facts about alcohol and other drugs and actions parents can take to keep their children drug-free. A representative will serve on the PACT360 community drug-free coalition, to collaborate with the community to keep them informed with new initiatives to keep their communities safe and drug-free.

**Partners:** Coshocton City Schools, Ridgewood Local School District, River View Local School District, Coshocton County Family & Children First Council, Coshocton County Prosecutor's Office and the Coshocton County Sheriff's Office

Expected number to be served: 2250

## **Family Recovery Center (Columbiana County)**

**Award Amount:** \$51,210

**Project Overview:** Family Recovery Center plans to implement the LifeSkills Curriculum, an evidence-based program to 5<sup>th</sup> and 6<sup>th</sup> graders in the five schools in Columbiana County. The curriculum includes learning objectives of Personal Self-Management Skills, Drug Resistance Skills, and General Social Skills. In addition, parents within the participating schools districts will receive information about the Start Talking Website and the Start Talking components.

**Partners:** Crestview Middle School, East Palestine Middle School, East Liverpool Westgate Middle School, Lisbon School District and Southern Local School District, ADAPT Coalition, Coordinated Action for School Health (CASH) Coalition, Ohio State Highway Patrol, East Liverpool City Hospital, Salem Regional Medical Center and Columbiana County Commissioners

Expected number to be served: 1000

## **Health Recovery Services (Athens County)**

**Award Amount:** \$113,731

**Project Overview:** 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup> graders in the Athens County school districts will participate in Project Alert, which is a school-based prevention program for middle school students that focuses on alcohol, tobacco and marijuana use and is recognized by the US Department of Education as an Exemplary Program. The children in both school districts will also receive LifeSkills Training (LST) that targets the major social and psychological factors that promote the initiation of substance use and other risky behaviors.

**Partners:** Gallipolis City Schools, Gallia County Schools

Expected number to be served: 825

### **Family Guidance Center (Lawrence County)**

**Award Amount:** \$63,968

**Project Overview:** Family Guidance Center – a program of the Ironton-Lawrence County Community Action Organization, will target grades 5-8 with prevention programming that includes LifeSkills Training (LST) and the 40 Developmental Assets for Adolescents as developed by the Search Institute. The school district will participate in the implementation of KNOW! at the middle school level and will include tips for families on talking about substance abuse with their child on their website and in school generated newsletters. Parents360Rx toolkits will be distributed, and FGC will assist in coordination of local discussions forums to support prevention efforts in the schools' communities.

**Partners:** Dawson-Bryant School District, Appalachian Family and Children First Council, Ohio State Highway Patrol, Parent Teachers Association

Expected number to be served: 375

### **Lima Urban Minority Alcoholism and Drug Abuse Outreach Program (Allen County)**

**Award Amount:** \$48,000

**Project Overview:** This project will allow the Lima UMADAOP to provide prevention services at four Lima City middle schools that include program staff, curriculums, evaluation tools as well as activities and outreach. Their primary goal is to build on the 40 Developmental Assets through school bonding, positive family interaction and community responsibility. The "Keepin' It Real" Program will begin working with young men and women addressing those behaviors that impact school performance and lead to negative consequences.

**Partners:** Lima City Schools

Expected number to be served: 600

### **Marion-Crawford Prevention Programs (Crawford County)**

**Award Amount:** \$51,495

**Project Overview:** This project will provide youth-led prevention programming and asset development for students and education for the community on how to build developmental assets in their youth. Parents360 Rx and a registration drive to engage parents and teachers in the KNOW! program will also be provided in each of the districts. This project will expand youth-led prevention programming for students in grades 6-9 within two high school districts in both Crawford and Marion Counties. Local counseling centers in each county will work with district students on Actively Caring for People, a successful evidence-based program focusing on building a positive, safe school environment that promotes resiliency and positive, drug-free choices.

**Partners:** Crestline Exempted Village School District, Ridgedale Local School District, Community Counseling Services, Marion Area Counseling Center

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Expected number to be served: 315

### **Meridian Community Care (Mahoning County)**

**Award Amount:** \$35,270

**Project Overview:** Meridian Community Care will partner with two school districts, Struthers and Girard to implement a project in grades 5-9 that includes materials from the evidence-based prevention curriculums: Too Good for Drugs, Too Good for Violence, Project ALERT and Strengthening Families. The delivery of these materials will be executed through the Peer Prevention and Student Leadership Program (PANDA) Program. The students will participate in workshops, groups, and activities that focus on leadership, communication,

abstinence, and positive peer support. Avenues for education include, but are not limited to, parent engagement elements where both families and students will receive education on the 40 Developmental Assets and interventions from the Strengthening Families Curriculum. In addition, these families will have increased exposure to Parents360Rx and KNOW!. These activities are intended to increase the knowledge and engagement of students and parents on healthy behaviors and reduce risk for substance use through education, increasing engagement in school, and developing natural familial supports.

**Partners:** Struthers City School District, Girard City School District

Expected number to be served: 435

### **Norwalk Parks and Recreation (Huron County)**

**Award Amount:** \$7,337

**Project Overview:** In conjunction with Huron County Public Health, the Norwalk Public Schools will be the training site for the LifeSkills Training, an evidence-based program. The program will focus on Norwalk 5<sup>th</sup> grade students to provide after-school prevention programming. The Botvin LifeSkills Training is a groundbreaking substance abuse prevention program based on more than 30 years of peer reviewed scientific research.

**Partners:** Huron County Public Health, Norwalk Public Schools

Expected number to be served: 250

### **Pathways of Central Ohio (Licking County)**

**Award Amount:** \$62,448

**Project Overview:** This project will allow Pathways to expand the delivery of the evidenced-based curriculum, LifeSkills, in 5<sup>th</sup> and 9<sup>th</sup> grades in seven Licking County schools. One of the three major components of this program is the development of drug resistance skills which enable young people to recognize and challenge common misconceptions about tobacco, alcohol and other drug use. Through coaching and practice, they learn information and practical alcohol, tobacco, and other drug use resistance skills.

**Partners:** Newark City Schools, Lakewood School District, North Fork School District, Licking Valley School District and Heath School District

Expected number to be served: 1165

### **Personal and Family Counseling Services (Tuscarawas County)**

**Award Amount:** \$12,875

**Project Overview:** Personal and Family Counseling Services will partner with two Appalachian schools in Tuscarawas and Carroll Counties to provide the Botvin LifeSkills Training Program to 5<sup>th</sup> and 6<sup>th</sup> grade students. They will also implement the Know! and Parents360Rx components of Start Talking! initiative to engage parents in prevention efforts.

**Partners:** Newcomerstown School District and Conotton Valley School District

Expected number to be served: 190

### **Piqua City Schools (Miami County)**

**Award Amount:** \$35,969

**Project Overview:** The "Growing Resilient Youth in Piqua City Schools," project is a sound application of evidence-based programming to achieve strategic and long-lasting goals of building resiliency to substance abuse in Piqua's youth. The evidence-based LifeSkills Training curriculum will be delivered in the classroom by Miami County Recovery Services to 5<sup>th</sup> and 6<sup>th</sup> graders. Also, the KNOW! and Parents360RX parent outreach programs will be implemented during the 2014-2015 school year.

**Partners:** Piqua Police Department, Piqua Juvenile Education Fund and Miami County Recovery Council

Expected number to be served: 600

## **Quest Recovery and Prevention Services (Summit County)**

**Award Amount:** \$95,934

**Project Overview:** This project allows Quest to offer evidence-based prevention programming to students in grades 6-9 in Stark and Carroll Counties, with an emphasis on increasing resiliency factors, while decreasing the likelihood that they will engage in high risk behaviors, such as substance use and abuse. Through the evidence-based Positive Action Program for high school students, and the All Stars Program for middle school students, local school districts will benefit from Quest's commitment to community engagement and continued support of community coalitions.

**Partners:** Brown Local School District, Carrollton Exempted Village School District, Marlinton High School, Marlinton Middle School and Oakwood Middle School

Expected number to be served: 165

## **Recovery Resources (Cuyahoga County)**

**Award Amount:** \$50,195

**Project Overview:** Two Greater Cleveland high schools are the site for the Assets in Motion (AIM) program. AIM is Recovery Resources' school-based prevention program designed to help build youth resiliency and protective factors in 9th grade students by teaching them how to be socially competent problem solvers. AIM utilizes Project SUCCESS (Schools Using Coordinated Community Efforts to Strengthen Students), an evidence-based model that helps to prevent and reduce substance use among adolescents 12 to 18 years of age by placing a highly trained professional in the schools to provide a full range of substance use prevention and early intervention services.

**Partners:** Shaw High School and Ginn Academy

Expected number to be served: 303

## **Summit County Educational Service Center (Summit County)**

**Award Amount:** \$112,348

**Project Overview:** Grades 5 and 6 are the targets of the LifeSkills, Resiliency and 40 Developmental Assets programming to be implemented with a comprehensive plan to focus on the preventing the use and abuse of alcohol and other drugs. Students, parents, teachers, support staff, administrators, law enforcement agencies and community members at large will be involved in training, technical assistance and proactive programs that will help create safe and supporting school environments.

**Partners:** Akron Public Schools, Barberton City Schools, Coventry Local Schools, Cuyahoga Falls City Schools, Springfield Local Schools, Support Team Region 8, Summit County Department of Public Health, and County of Summit ADM Board

Expected number to be served: 5551

## **Talbert House (Hamilton County)**

**Award Amount:** \$91,686

**Project Overview:** Services will focus on the approximately 900 5<sup>th</sup> - 9<sup>th</sup> grade students in the district. The project will implement a Teen Empowerment (TE) model which empowers youth to address the most difficult problems in their communities which include drug and alcohol use. Youth will be given the tools they need to collaborate with one another, with city officials, community leaders and most importantly other youth to prevent substance use in their community. Research has shown that the Teen Empowerment model has succeeded in developing and maintaining an approach to engage at-risk youth and reduce youth violence.

**Partners:** Norwood City Schools

Expected number to be served: 900

## **Townhall II (Portage County)**

**Award Amount:** \$81,820

**Project Overview:** This resilience program is a collaboration between Townhall II, a community social service agency, and two local schools in Windham, Ohio and Ravenna, Ohio, targeting all 5<sup>th</sup> grade students at both schools. The Too Good for Drugs evidence-based program consists of a framework of social and emotional skills that develops goal-setting, decision-making and effective communication skills. Additionally, the Too Good program offers skills for addressing peer pressure, refusal, pro-social bonding, and conflict resolution and media literacy.

**Partners:** Katherine Thomas Elementary School and West Main Elementary School

Expected number to be served: 110

## **Urban Minority Alcoholism and Drug Abuse Outreach Program of Lucas County (Lucas County)**

**Award Amount:** \$94,455

**Project Overview:** UMADAOP Lucas County, and its partner Grace Community Center, will provide comprehensive prevention interventions for youth in grades 5-9 and their families residing in Toledo. They will provide the Positive Action curriculum and the Positive Action Drug Education Supplement which is recognized as evidence-based by the Substance Abuse and Mental Health Services Administration (SAMHSA) as well as the U. S. Department of Education. The supplemental drug education kit provides in-depth learning regarding the effects of tobacco, alcohol and drugs. They also teach the importance and results of drug-free living. Efforts to assure sustainability include training of community partner staff and volunteers, district teachers, and community youth-serving staff in evidence-based prevention for bullying, drug and violence prevention, positive climate development, and family/parent and community programs. This program incorporates in school as well as afterschool programming and services for youth with concerted outreach efforts to engage their parents. Parent engagement and education is a critical component identified for success and creation of a drug-free lifestyle for program participants. To this end, a parent advisory committee will be established to plan and promote parent forums to educate community members regarding the dangers found in their medicine cabinets in the forms of opiate and prescription drugs, cough syrups and other illicit drugs.

**Partners:** Toledo Public Schools, Grace Community Center

Expected number to be served: 250

## **Youngstown Urban Minority Alcoholism and Drug Abuse Outreach Program (Mahoning County)**

**Award Amount:** \$175,210

**Project Overview:** The Youngstown UMADAOP Youth Mentoring Initiative (YMI) prevention project will implement the LifeSkills Training, Second Step and Parents: You Matter evidence-based prevention programs. The 40 Developmental Assets for adolescents will serve as the framework for this project. The project will provide prevention services to students and their families in grades 5 through 8 in the Youngstown School District. Other partnerships include Flying HIGH which will provide Career Exploration services for the project; the local drug-free coalition which will provide training and technical assistance to parents, school staff and other community members to enable sustainability of prevention efforts; and Neil Kennedy Recovery Center which will assist with the implementation of Parents360Rx.

**Partners:** Youngstown City Schools, Coalition for a Drug-Free Mahoning County, Flying HIGH, Inc.

Expected number to be served: 100