A Meeting of the Minds: Partnering for Successful Prevention in Schools
Partnering for Healthy Kids and Communities
Prevention in School Systems

- **Indicated Prevention**
- **Selective Prevention**
- **Universal Prevention**

TIER 1: CORE - SCHOOLWIDE

TIER 2: TARGETED INTERVENTION

TIER 3: INTENSIVE
Schools of Excellence in Prevention Process

1. Consultation to review data and analyze gaps

2. Build a plan: Set goals based on gaps and needs

3. Choose and implement programs based on goals

4. Evaluate programs and goals, earn levels and incentives

Submit an Application and Needs Assessment

Other Community Providers and Organizations

MONTGOMERY COUNTY
Drug Addiction & Mental Health Services

MCESC
MONTGOMERY COUNTY
EDUCATIONAL SERVICE CENTER
## Montgomery County ADAMHS Prevention Programs

<table>
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<tr>
<th>Provider</th>
<th>Program</th>
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<tr>
<td>Artemis Center</td>
<td>Mentors in Violence, Safe Dates</td>
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<tr>
<td>Montgomery County ESC</td>
<td>Suicide Prevention, Vaping Prevention, Children Impacted by Addiction, PAX GBG, Drug and Alcohol Prevention</td>
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<tr>
<td>Comp Drug/Youth to Youth International</td>
<td>Youth Led Prevention</td>
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<td>DayBreak</td>
<td>Prevention Services to LGBTQ Youth</td>
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<td>Miami University</td>
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<td>Omega Community Development Center</td>
<td>Too Good for Drugs and Violence, Signs of Suicide</td>
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<tr>
<td>Public Health--Dayton and Montgomery County/Addiction Services</td>
<td>Risky Business, Strengthening Families</td>
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<tr>
<td>Samaritan Behavioral Health</td>
<td>Signs of Suicide, QPR, SBIRT, Second Step</td>
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<tr>
<td>South Community</td>
<td>Signs of Suicide, QPR, SBIRT</td>
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<tr>
<td>Wright State University/School of Professional Psychology</td>
<td>PECE-PACT, Second Step, Raising Safe Kids</td>
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ADAMHS Funded ESC Prevention

★ PAX Good Behavior Game
★ Vaping Prevention
★ Children Impacted by Addiction
★ Suicide Prevention
★ Drug and Alcohol Prevention
★ SBIRT Service
For More Information

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The SBIRT Model

Substance Dependent
- Screening
- Traditional Treatment
- Abstinence

Excessive Use
- Screening
- Brief Intervention
- Brief Therapy

No Problem
- Primary Prevention
- Screening and Feedback
- Drink Responsibly
Screening

A Screen Does NOT Provide a Diagnosis
What’s a Brief Intervention?

- A conversation that raises awareness in patients who score above low risk limits on screening tools.
- Usually lasts about 10 minutes
- Can be conducted by any skilled staff member*
How do I refer to treatment?

- Keep a list of specialty providers in your area – there’s one here: mha.ohio.gov and here: https://www.emeraldjennyfoundation.org/
- Get to know your providers!
- Call the provider for an appointment
- Discuss transportation and directions
For More Information

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Debra Sholten
Ohio SBIRT Training Officer
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Care Connection
Expanding comprehensive health and wellness services through school-based care
School-Based Behavioral Health

Evidence-Based Prevention Programs

• **PAX Good Behavior Game** – a strategy that teaches students self-regulation and self-management in context of collaborating with others.

• **Signs of Suicide** – prevention program including screening and education.
Early Childhood Mental Health Prevention

- Early Childhood Mental Health Consultation
- Positive Parenting Program (“Triple P”) series
- Ohio Preschool Expulsion Prevention Partnership Hotline & in-class consultation
Primary Care

Mobile Care Centers

School-Based Health Centers (SBHCs)

Before

After

Nationwide Children's
When your child needs a hospital, everything matters.
Integrated Model of Care

**Primary Care Mental Health**
- Diagnosis and treatment of ADHD, anxiety & depression
- Referrals to Behavioral Health services
- Collaborative care with school-based Behavioral Health
- Consultation with school-based Psychiatry when needed

**Traditional Primary Care**
Integrated Model of Care

Collaboration with school staff:

• Absence Intervention Team
• PBIS
• Special Education identification
• Health plans with school nurses
• Consultation with teachers
Reducing Youth Violence and Creating Healthy, Resilient and Safe Club Communities
Youth suicide is the second leading cause of death among young people. The most recent Youth Risk and Behavioral Survey found that 17.7% of high school students seriously considered suicide; 14.6% made a plan for suicide; 8.6% attempted suicide one or more times; and 2.8% made a suicide attempt that had to be treated by a doctor or nurse.

In response to the youth suicide crisis, Boys & Girls Clubs of Columbus has partnered with youth suicide prevention experts at the Center for Suicide Prevention and Research at Nationwide Children’s Hospital and the American Association of Suicidology to create the gold standard youth suicide prevention program for the out-of-school time space. The model provides both staff training and youth programming to increase awareness of suicidal risk factors and behaviors in youth and improve the ability to respond during crisis.

The program will be piloted at Boys & Girls Clubs of Columbus in the summer of 2019. Then, using a train-the-trainer model, the program will be replicated at Boys & Girls Clubs of Cleveland and Boys & Girls Clubs of Greater Cincinnati before scaling nationally across the Boys & Girls Clubs Movement.

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**Gatekeeper Training**

All Club staff complete a 90 minute Gatekeeper Training that provides essential youth suicide prevention knowledge and skills including:
- Statistics and trends
- Myths and misconceptions
- Risk factors and warning signs
- Protective factors
- Maintaining a trauma informed approach
- How to respond during a crisis

**Facilitator Training**

Select Club staff complete a Facilitator Training to ensure the youth suicide prevention program modules are delivered with fidelity. This training also supports participants in increasing their comfort with discussing youth suicide in accordance with safe messaging guidelines, skill building in recognizing warning signs, responding during a crisis and linking young people to resources.

**Youth Program**

The youth program consists of five modules derived from best practice strategies in youth suicide prevention. Modules are approximately two hours in length and delivered by a Boys & Girls Clubs trained facilitator. Modules include:
1. Youth awareness and peer learning
2. Core mindfulness
3. Emotion regulation
4. Interpersonal effectiveness
5. Managing crisis and universal safety planning