BUILDING RESILIENCY
A PEDIATRIC MENTAL HEALTH SUMMIT

#BuildingResiliency19

MIKE DEWINE
GOVERNOR OF OHIO
A collective impact initiative to address ACEs
<table>
<thead>
<tr>
<th>ABUSE</th>
<th>NEGLECT</th>
<th>HOUSEHOLD DYSFUNCTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physical</td>
<td>Physical</td>
<td>Mental Illness</td>
</tr>
<tr>
<td>Emotional</td>
<td>Emotional</td>
<td>Incarcerated Household Member</td>
</tr>
<tr>
<td>Sexual</td>
<td></td>
<td>Substance Abuse</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Mother Treated Violently</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Separation or divorce</td>
</tr>
</tbody>
</table>
Behavioral Health

- Substance abuse
- Alcohol abuse
- Lack of physical activity
- Smoking
- Missed Work

Physical & Mental Health

- Severe obesity: 4x
- Depression: 2x
- Heart Disease: 2x
- Cancer: 2x
- Diabetes: 4x
- Suicide attempts: 12x
- Broken bones: 4x
- STDs: 2x
- Chronic lung disease: 4x
- Stroke: 2x

*† adjusted odds ratio for age, gender, race and education*
Toxic stress changes our biology.
Children & youth with 2+ adverse childhood experiences

- Cincinnati: 33.3%
- Ohio: 25.8%
- U.S.: 22.6%

Data Resource Center for Child and Adolescent Health
Childhealthdata.org
Early childhood experiences have a powerful impact on health and brain development.

When Adverse Childhood Experiences (ACEs) trigger toxic stress, the resulting biological changes lead to learning challenges, behavioral health problems, and physical illness.

When we reduce the impact of ACEs, we boost child well-being, health, and success.
Overview of Focus Areas (Channels)

- **Early Childhood Channel**
  - Focus: children from birth to 8 years
  - Project Example: screening parents for adversity (current/childhood) and strengthening protective factors and the use of community resources/support

- **School-Age Channel**
  - Focus: children 5 to 18 years
  - Project Example: training all teachers, faculty and staff on ACEs plus resilience & helping them implement trauma-informed practices within the school

- **Healthcare Channel**
  - Focus: child patients and their caregivers
  - Project Example: screening parents/families for adversity and building resilience through parenting help, mental health referral and connections to community resources

- **Community Connections Channel**
  - Focus: broader community initiatives impacting children
  - Example: integration of trauma-informed perspective/practices into the organization’s mission and policies
Channel Goals

**Inform and educate** families, communities, and organizations about the effects of adverse childhood experiences and the protective factors.

**Build capacity within our community and among parents** to recognize and strategically improve childhood well-being by responding to childhood adversity and by building resilience.

**Identify and implement best-practices** and evidence based interventions in services and supports that **build resiliency and reduce adversity**.

Facilitate **advocacy and policy change** that addresses child well-being and reduces the effects of toxic stress.
Joining Forces for Children Partners

- 4C for Children
- Beech Acres Parenting Center
- Child Focus, Inc.
- Children, Inc.
- Cincinnati Children’s Hospital
- Cincinnati City Council
- Cincinnati Early Learning Center
- Cincinnati Federation of Teachers
- Children’s Home of Northern Kentucky (CHNK)
- Cincinnati Public Schools
- Cincinnati Youth Collaborative
- Cincinnati-Hamilton County Community Action Agency
- Consortium for Resilient Young Children
- Every Child Succeeds
- Family Nurturing Center
- GLAD House
- Greater Cincinnati Foundation
- Hamilton County Job and Family Services
- HC Public Defender Guardian ad Litem
- Harmony Project
- Legal Aid Society of Greater Cincinnati
- Legal Aid Society of Southwest Ohio, LLC
- Lighthouse Youth Services
- MindPeace
- Northwest Local School District
- Princeton City Schools
- ProKids
- Santa Maria Community Services
- Solutions Community Counseling and Recovery Services
- St. Joseph Orphanage
- Success By Six / United Way
- The Children’s Home of Cincinnati
- Tristate Trauma Network
- YWCA
School Age Channel

2 Lead School Districts

Kevin Jamison, Director of Student Services
Princeton City Schools

Darrell Yater, Assistant Superintendent
Northwest Local School District
Together, we can build resilience and fight childhood adversity.

Thank you
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